WARM WATER POOL SCHEDULE

EFFECTIVE: February 11, 2018

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
6:30			**Tsunami*** 6:30-7am				
7:00	7:00-9:00 am **Adult Open Fitness**	7:00-7:45 am **Boxing**	7:00-7:45 am **Tabata**	7:00-9:00 am **Adult Open Fitness**	7:00-7:45 am **Boot Camp**	7:00-8:00 am **Adult Open Fit.**	**CLOSED**
7:30							
8:00		8:00-9:00 am **Adult Open Fitness**	8:00-10:00 am **Adult Open Fitness**		8:00-9:45 am **Adult Open Fit.**	8am-12:30 pm **Swim Lessons**	
8:30							
9:00	9:00-9:45 am **Aqua Pilates**	9:00-9:30 am **Tsunami***		9:00-9:45 am **Power Pilates**			9:00-10:15 am **Adult Open Fit.**
9:30							
10:00	10:00-11:00 am **Adult Open Fitness**	9:45-10:30 am **Just Move It**	10:00-11:00 am **Fight Back UH20**	10:00-10:45 am **Water Wonders**	10:00-10:45 am **Aqua Power**		10:15-10:45 Tsunami*
10:30							
11:00	11:00-11:45 am **AFA-Arthritis**	11:00-12:00 **St. Clare's Hospital**	11:00-1:00 pm **Adult Open Fitness**	11:00-12:30 **Swim Lessons**	11:00-11:45 am **AFA-Arthritis**		11:00-1:00 pm **Adult Open Fit.**
11:30							
12:00	12:00-3:00 pm **Adult Open Fitness**	12:00-4:00 pm **Adult Open Fitness**	1:00-2:00 pm **CTC/Roxbury**		12:00-12:45 pm **Silver Fox***		
12:30				12:30-5:00 pm **Adult Open Fitness**		12:30-1:30 pm **Family Swim**	
1:00			2:00-3:00 pm **Adult Open Fitness**		1:00-2:00 pm **CLOSED**		1:00-2:00 pm **Family Swim**
1:30						1:30-2:30 pm **CLOSED**	
2:00			3:00-4:30 pm **Private Lessons**		2:00-4:00 pm **Adult Open Fit.**		2:00-3:30 pm **Adult Open Fit.**
2:30						2:30-3:30 pm **Birthday Party**	
3:00	3:00-4:00 pm **Private Lessons**						
3:30			4:30-7:00 pm **Swim Lessons**			3:30-5:00 pm **Adult Open Fit.**	3:30pm Closed
4:00	CLOSED	4:00-7:00 pm **Swim Lessons/ Evaluations**			4:00-7:30 pm **Swim Lessons**		
4:30	4:30-5:30 pm **Family Swim**						
5:00				5:00-6:00 pm **CLOSED**		5:00-6:30 pm **Private Lessons**	
5:30	5:35-6:15 pm **Swim Lessons**						
6:00				6:00-6:45 pm **Hi-Lo**		6:30pm Closed	
6:30	6:30-7:00 **Tsunami***						
7:00	7:15-8:00 om **Resorative Yoga**	7:00-8:30 pm **Adult Volleyball**	7:00-8:00 pm **Adult Open Fitness**	7:00-8:30 pm **Adult Volleyball**	7:30-8:30 pm **Family Swim**		
7:30							
8:00	8:00pm Closed	8:30pm Closed	8:00 pm Closed	8:30pm Closed	8:30pm Closed		

*Paid Class

POOL SCHEDULE SUBJECT TO CHANGE

Effective: February 11, 2018

Revised: February 1, 2018