



# GYMNASIUM SCHEDULE

EFFECTIVE TUESDAY, SEPTEMBER 3, 2019

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday YMCA Opens at 7:00 am	Sunday YMCA Opens at 8:00 am
<b>5:00-8:00 am</b> Adult Basketball Full Gym	<b>5:00-8:00 am</b> Adult Basketball Full Gym	<b>5:00-10:00 am</b> Full Open Gym	<b>5:00-8:00 am</b> Adult Basketball Full Gym	<b>5:00-8:00 am</b> Adult Basketball Full Gym	<b>7:00-8:00 am</b> Full Open Gym	<b>8:00-12:00</b> Open Gym ½ B'Ball Training ½
<b>8:00-9:00 am</b> Full Open Gym	<b>8:00-10:30 am</b> Full Open Gym	<b>10:00-12:00 pm</b> Recreational Pickleball Full Gym	<b>8:00-9:00 am</b> Full Open Gym	<b>8:00-10:30 am</b> Full Open Gym	<b>8:00-10:00 am</b> Open Gym ½ B'Ball Training ½	<b>12:00-1:00 pm</b> Family Hoops ½ Open Gym ½
<b>9:00-11:00 am</b> Recreational Pickleball Full Gym	<b>10:30-12:30 pm</b> Intermediate Pickleball Full Gym	<b>12:00-2:30 pm</b> Intermediate/Comp Pickleball Full Gym	<b>9:00-11:00 am</b> Recreational Pickleball Full Gym	<b>10:30-1:30 pm</b> Inter/Comp. Pickleball Full Gym	<b>10:00-1:00 am</b> Adult Basketball Full Gym	<b>1:00-2:30 pm</b> Full Open Gym
<b>11:00-12:00 pm</b> Inter/Comp Pickleball Full Gym	<b>12:30-2:30 pm</b> Competitive Pickleball Full Gym	<b>2:30-5:00 pm</b> Full Open Gym	<b>11:00-12:00 pm</b> Inter/Comp Pickleball Full Gym	<b>1:30-3:30 pm</b> Recreational Pickleball Full Gym	<b>1:00-2:00 pm</b> Open Gym ½ Birthday Party ½	<b>2:30-4:00 pm</b> Recreational Pickleball Full Gym
<b>12:00-2:00 pm</b> Competitive Pickleball Full Gym	<b>2:30-5:30 pm</b> Full Open Gym	<b>5:15-6:00 pm</b> Athletic Training* ½ Open Gym ½	<b>12:00-2:00 pm</b> Competitive Pickleball Full Gym	<b>3:30-6:30 pm</b> Full Open Gym	<b>2:00-3:00 pm</b> Family Hoops ½ Open Gym ½	<b>4:00-6:00 pm</b> Cheerleading ½ Open Gym ½
<b>2:00-3:00 pm</b> Homeschool ½ Open Gym ½	<b>5:30-6:00 pm</b> Jump Into Fitness* Ages 5-7 ½ gym Open Gym ½	<b>6:00-7:00 pm</b> Full Open Gym	<b>2:30-5:00 pm</b> Full Open Gym	<b>6:30-7:30 pm</b> Open Gym ½ Family Hoops ½	<b>3:00-5:30 pm</b> Inter/Comp. Pickleball Full Gym	
<b>3:00-5:00 pm</b> Full Open Gym	<b>6:00-6:30 pm</b> Jump Into Fitness* Ages 8-12 ½ gym Open Gym ½	<b>7:00-9:00 pm</b> Intermediate/Comp Pickleball Full Gym	<b>5:00-6:00 pm</b> Family Hoops ½ Open Gym ½	<b>7:30-10:00 pm</b> Full Open Gym	<b>5:30-8:00 pm</b> Full Open Gym	
<b>5:00-5:45 pm</b> FIT 45* ½ Family Hoops ½	<b>6:30-8:30 pm</b> Basketball Clinic* ½ Open Gym ½	<b>9:00-10:00 pm</b> Full Open Gym	<b>6:00-8:00 pm</b> Cheerleading ½ Open Gym ½			
<b>6:00-8:00 pm</b> Cheerleading ½ Open Gym ½	<b>8:30-10:00 pm</b> Soccer Full Gym		<b>8:00-10:00 pm</b> Full Open Gym			
<b>8:00-10:00 pm</b> Full Open Gym						
<b>YMCA CLOSSES AT 10:00 PM</b>	<b>YMCA CLOSSES AT 10:00 PM</b>	<b>YMCA CLOSSES AT 10:00 PM</b>	<b>YMCA CLOSSES AT 10:00 PM</b>	<b>YMCA CLOSSES AT 10:00 PM</b>	<b>YMCA CLOSSES AT 8:00 PM</b>	<b>YMCA CLOSSES AT 6:00 PM</b>

**\*YOUTH FITNESS CLASSES** FREE to Full Family Members. Basic members can register for these classes at the front desk. Classes begin September 16–December 12.

**HOMESCHOOL PROGRAM:** Begins October 7–November 25.

**SOCCER:** Children between the ages of 12–14 must have a parent/guardian (18+) playing soccer with them or watching them in the gymnasium. FREE for Randolph YMCA Full Members.

**CHEERLEADING:** Must be on the Randolph Junior Rams Cheerleading Squad.

**BASKETBALL CLINIC:** September 10, 24, October 8, 22, November 19 & December 10. Free for Randolph YMCA Members. \$5 for Non-Members. Register at the front desk.

### **PICKLEBALL**

- **Recreational:** New to Pickleball, learn rules and how to keep score. Enjoy fun & recreational Pickleball games.
- **Intermediate/Competitive:** Mid-level Pickleball skill set, must be capable of sustaining a rally.
- **Competitive:** Consistent high-level competitive play. Able to execute and return all Pickleball shots.

### **RANDOLPH YMCA**

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