# WARM WATER POOL SCHEDULE

EFFECTIVE: September 7, 2018

| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY | SUNDAY |
|---|---|---|---|---|---|---|---|
| 7:00 | 7:00-11:00 am ADULT FITNESS | 7:00-10:00 am ADULT FITNESS | 7:00-10:00 am ADULT FITNESS | 7:00-9:00 am ADULT FITNESS | 7:00-10:00 am ADULT FITNESS | 7:00-8:00 ADULT FITNESS | CLOSED |
| 7:30 | | | | | | | |
| 8:00 | | | | | | 8:00-9:00 am ADULT LESSONS | |
| 8:30 | | | | | | | |
| 9:00 | | | | 9:00-9:45 am PILATES PLUS | | 9:00-12:30 pm SWIM LESSONS | 9:00-12:30 pm ADULT FITNESS |
| 9:30 | | | | | | | |
| 10:00 | | 10:00-10:45 am JUST MOVE IT | 10:00-11:00 am PLAY & LEARN | 10:00-10:45 am FIGHT BACK UH20 | 10:00-10:45 am POWER | | |
| 10:30 | | | | | | | |
| 11:00 | 11:00-11:45 am AFA-ARTHRITIS | 11:00-11:45 am CANCER RECOVERY | 11:00-12:00 pm SWIM LESSONS | 11:00-11:45 am WATER WONDERS | 11:00-11:45 am AFA-ARTHRITIS | | |
| 11:30 | | | | | | | |
| 12:00 | CLOSED | 12:00-4:00 pm ADULT FITNESS/ REHAB | CLOSED | 12:00-4:00 pm ADULT FITNESS/ REHAB | 12:00-12:45 pm SILVER FOXES* | | |
| 12:30 | 12:30-1:30 pm FAMILY SWIM | | | | | 12:30-1:30 pm FAMILY SWIM | 12:30-1:30 pm FAMILY SWIM |
| 1:00 | | | 1:00-2:00 pm CTC/ROXBURY | | 1:00-2:00 pm BRIGHTVIEW | | |
| 1:30 | CLOSED | | | | | CLOSED | CLOSED |
| 2:00 | 2:00-5:30 pm ADULT FITNESS/ REHAB | | 2:00-3:30 pm ADULT FITNESS/ REHAB | | 2:00-4:00 pm ADULT FITNESS/ REHAB | | 2:00-3:30 pm ADULT FITNESS |
| 2:30 | | | | | | 2:30-3:30 pm BIRTHDAY | |
| 3:00 | | | | | | | |
| 3:30 | | | 3:30-4:30 pm INSERVICE/PRIVATES | | | 3:30-5:30 pm ADULT FITNESS | 3:30pm Closed |
| 4:00 | | 4:00-4:30 pm DOLPHIN SWIM | | CLOSED | 4:00-7:30 pm SWIM LESSONS | | |
| 4:30 | | | 4:30-7:00 pm SWIM LESSONS | | | | |
| 5:00 | 5:30-6:15 pm SWIM LESSONS | 4:45-7:00 pm SWIM LESSONS | | 5:00-6:00 pm ADULT FITNESS | | | |
| 5:30 | | | | | | 5:30-6:30 pm PRIVATE SWIM | |
| 6:00 | 6:15-7:00 pm FAMILY SWIM | | | 6:00-7:00 pm FAMILY SWIM | | | |
| 6:30 | | | | | | 6:30pm Closed | |
| 7:00 | 7:00-7:45 pm RESTORATIVE YOGA | 7:00-8:30 pm VOLLEYBALL | 7:00-8:00 pm ADULT FITNESS | 7:00-8:30 pm VOLLEYBALL | | | |
| 7:30 | | | | | 7:30-8:30 pm FAMILY SWIM | | |
| 8:00 | 8:00pm Closed | 8:30pm Closed | 8:00pm Closed | 8:30pm Closed | 8:30pm Closed | | |

**POOL SCHEDULE SUBJECT TO CHANGE**

Effective: September 7, 2018

Revised: September 26, 2018